

THE AMBASSADOR

*“So we are ambassadors for Christ, God making his appeal through us.
We beseech you on behalf of Christ, be reconciled to God (2 Corinthians 5:20).”*

Volume 17, Issue 1A newsletter for the Pastors and Lay Leadership of the Charlottesville District

January 2019

C'Ville Apt. Project

The Apartment That Love Built

Contributions



■ \$176,478.35
as of
10/25/18
■ \$400,000
Goal

C'ville Apt. Project Donations

There is a change in the procedure for giving to the Charlottesville Apt. Project. As we continue our fund raising efforts for this ministry, please make your checks payable to Charlottesville District UMC and in the memo line write "Apt. Project." Mail your contributions to:

C'ville UMC District Office
914 E. Jefferson Street, Suite 104
Charlottesville, VA 22902

Or you can send the gift with your district apportionments.
Please specify the amount for the Apt. Project. Thank you!

Fundraiser for Apt. Project

Aprons are now available for \$10.00 each. Please contact Linda Truslow in the District Office to order:
charlottesvilledistrict@vaumc.org.

*The Virginia Annual Conference Vision – to be
Disciples of Jesus Christ who are lifelong learners who
influence others to serve.*

Ideas for church leadership

<https://www.churchleadership.com/50-ways/50-ways-to-take-church-to-the-community/?id=li20181107>

Special Session of the General Conference

The Council of Bishops has called a Special Session of the General Conference of The United Methodist Church to be held February 23-26, 2019 in St. Louis, Missouri. The purpose will be to act on a report from the Council of Bishops based on the recommendations of the Commission on a Way Forward. The 32-member Commission was appointed to examine paragraphs in *The Book of Discipline* concerning human sexuality and exploring options to strengthen the unity of the church. Resources about this special session and work of the Commission on a Way Forward are available on the Virginia Conference website at <https://www.vaumc.org/GC2019>

This includes the archived livestream from the September 26 Q&A session featuring Bishop Sharma Lewis, the Rev. Tom Berlin, and Ms. Martha Stokes. The direct link is <https://livestream.com/VAUMC/COWFOA>

Links to the three proposed plans can be found at <https://www.vaumc.org/document.doc?id=3289>

Volunteer Opportunity at All God's Children Camp

If you are looking for a place to serve and minister with a group of children ages 7-12, All God's Children Camp is the perfect space! I encourage you to get a group together and come join us for a week at camp with children who need to know that someone is for them. Camp life is so much fun and has so many opportunities for you to get to know your camper and grow in relationship with God and each other. We need mentors to make camp happen. So please consider joining us for a week of mission right here in the state of Virginia. Please contact Lori Smith at littlelori@gmail.com or 571-245-9591 for more information.

To learn more about All God's Children Camp, visit <https://www.vaumc.org/AGC>

Thursday Evening Worship

Every Thursday at 6:30 pm, Palmyra UMC (right outside Lake Monticello in Fluvanna County, across from the Treasurer's office in the courthouse complex) is offering a traditional worship service for Sunday worship. This is not about securing additional members but providing an alternative worship experience for those who perhaps work on Sundays, for those traveling on weekends, etc. All are welcome.

George Gorman, Pastor

Seven Habits of Highly Effective People

On February 5th, 6th, and 7th, 2019, Baylake United Methodist Church in Virginia Beach, Virginia, will offer the three-day course based on the book by Stephen R. Covey, *The 7 Habits of Highly Effective People*. The course is open to members and non-members alike.

In the book, *The 7 Habits of Highly Effective People*®, Stephen R. Covey presents a holistic, integrated, principle-centered approach for solving personal and professional problems. With penetrating insights and pointed anecdotes, he reveals a step-by-step pathway for living with fairness, integrity, service and human dignity. Come learn these universal principles in his three-day (24 hour) workshop designed to teach the content of his book. Covey's purpose for writing is to invite readers to examine their faith and lives from a fresh perspective and consequently deepen their commitment to the Gospel of Jesus Christ. The cost of the workshop is \$275 for each participant and includes a participant manual, 360-degree assessment, and lunch and snacks for the three days. The purpose of the class is to empower each person to be more effective at creating and being the person God wants them to be.

Full participation in the three-day schedule of 8 AM till 5 PM will result in earning 2.2 continuing education units.

Clark Dennis Cundiff, who is serving in his eighteenth year as a pastor with the United Methodist Church and who has a Masters in Human Resource Development and a Masters in Divinity and has facilitated this class over 35 times since 1994, will teach the class.

Please contact Clark Cundiff clarkcundiff@vaumc.org or call the church office at 757-464-2423 if you are interested in attending.

Youth Retreat

Weekend of February 22-24, 2019
Westview on the James

The price for the February Retreat will be \$80.00 if registrations are received by January 28.

A \$40 nonrefundable deposit should be paid with each registration.

Registrations received after January 28 will be \$100.00. No registrations will be accepted after February 6. See the flier attached to the email with this newsletter for the registration.

We will be collecting toiletries for **TOP** (Teens Opposing Poverty). They are in need of the following items: soap, toothpaste, toothbrush, shampoo, wash cloth, shaving cream, razors, deodorant and white socks. Please note that white works best because some people have skin reactions to dyed socks when their feet sweat.

Save the Dates!

District Fifth Sunday Praise and Worship 2019

March 31, June 30, September 29, and December 29

Youth Rally August 25, 2019

Churches are invited to host one of the worship services and/or the Rally.

Questions or to host an event, contact Rebecca Wagner DCYM Coordinator @ wagnerwimps@yahoo.com or call 434-823-4645



Debt is a thief! Take Back your life
New class beginning on January 20, 2019
9 Sundays
Starting at 2:30pm
Scottsville United Methodist Church
191 E. Main Street | Scottsville, VA 24590
Contact Brian Lamb for more information
brian.lamb@vaumc.org | 434-286-6736
FINANCIAL PEACE

Clergy Spouse Retreat

I wanted to pass along the website for the clergy spouse retreat coming up March 8-9, 2019 at Camp Overlook near Harrisonburg. It would be great to see you there. If you'd like to have your district office send a notice to your clergy spouses, please feel free. The registration can be done online or by calling in. Space is limited, and this is a wonderful speaker, as you know (Julie Anderman from Pennsylvania, who spoke to us at Conference). The webpage for registration

is <https://www.eiseverywhere.com/ereg/newreg.php?eventid=380672&>

Lisa Rochford

Youth News

Outreach to the Community

On December 16, 2018, Sperryville UMC packed 99 bags for children in need in Rappahannock County. Led by our fearless leader, Ce Pike, we packed bags for both girls and boys with many wonderful surprises including toys, and a Bible for each child. The bags will be given out this coming Friday and Saturday at the Rappahannock Pantry.

During worship in Willis Chapel UMC this past Sunday, we heard how the money raised at our yard sale this year was used to purchase gifts for six angels on the tree at Settle's. Gifts were purchased from children's requests, and also included clothes, books, games and toys for each one. We also were able to help two adults in need in the community.

Through our Charge Discretionary Fund, we were able to help an additional three families in need.

Thank you so much to everyone for your generosity during this season and always.

Dear Virginia Conference Clergy—

The topic of human sexuality has long been a source of

disagreement within The United Methodist Church. Right now the topic is the focus of many conversations as we prepare for the Special Session of General Conference 2019 in February.

With tensions so high, congregations may be concerned about what is happening and what this means for their church. As clergy you may feel fear or uncertainty. I send this letter in the hopes of setting us on the same course in the Virginia Conference.

It is my hope and prayer that we can stay a connected church.

As the Apostle Paul tells us in Ephesians 3:20, it is God who can do more than we can ask or imagine. I hope that the Virginia Conference will trust in our Lord together.

The reason I hold out for hope for this denomination's unity is because I know what we can do together. I have seen it.

Our conference has been historically and consistently one of the strongest supporters of the missional connection. Our small and large membership churches, through shared ministry in apportionments, help support Global Ministries and 350+ missionaries in 60 countries.

We have been a part of the church's growth in countries such as Cambodia, Brazil and Mozambique. Through our unique conference Initiatives of Hope missional partnership team, we have:

- Supported church and parsonage construction and lay and clergy leadership development in Cambodia and Mozambique. □
- Started educational advancement through school and dormitory construction and scholarships for students in Cambodia. □
- Provided tutoring and after school programs for at-risk children in Brazil through the Shade and Fresh Water ministry of The Methodist Church of Brazil. □
- Opened dialogue and support for Virginia Native peoples as they seek autonomy and sovereignty as well as offering opportunities in cooperation with the conference Native American Ministries team to provide a family camp. □

Through our aid to UMCOR (United Methodist Committee on Relief), we have supported disaster response when disasters such as wildfires and hurricanes are more prevalent. The need has never been greater. In 2017, the Virginia Conference supported UMCOR in excess of \$1.7 million.

Our churches, big or small, are and can be a source of hope. We are never more like the hands and feet of Christ than when we are working together in ministry.

I hope you will use the resources listed below to help start conversations in your context and share information. These conversations will be hard ones, but we learn more from our neighbors by understanding different perspectives.

As we prepare for this Special Session of General Conference, I call upon you, our Virginia Conference clergy, to be a non-

anxious presence. Lean away from fear and lean on God. Lean away from uncertainty and lean into the mission of your local churches.

God is here. And God is doing something immeasurably more than we know how to ask or imagine.

Resources:

- Commission on a Way Forward information: www.umc.org/who-we-are/commission-on-a-way-forward □
 - Final Commission on a Way Forward report: www.umc.org/who-we-are/way-forward-report-released-in-all-four-official-languages-of-general-conference □
 - Virginia Conference Sept. 2018 livestream event: <https://livestream.com/VAUMC/COWFQA> □
 - Bishop Lewis' "Guiding Principles" for Virginia Conference: www.vaumc.org/ncfilerpository/WayForward/BishopLewisSlides9_27_18.pdf □
 - Judicial Council Oct. 2018 decision: www.umc.org/who-we-are/council-of-bishops-issues-statement-regarding-the-judicial-council-decision □
 - General Conference 2019 information: www.vaumc.org/GC2019 □
- Peace and Blessings, □ Bishop Sharma D. Lewis □

Conference Leadership Positions

Leadership for God's church will be critical going forward in these turbulent times. As God's people gathered in the Wesleyan spirit, we understand how God calls us to serve God's kingdom in various ways. One important way is to serve in a position of leadership beyond your local church. The Virginia Conference seeks to lift up and nurture those who feel led to serve the United Methodist connection in vital positions of conference leadership.

As either laity or clergy, if you feel led to serve the conference we invite you to go to our conference website at www.vaumc.org. When the home page opens click on "Resources" and scroll down to "Nominations". When you open the Nominations page you will see a downloadable form titled Nominations Profile form. Please complete this form and send to the Charlottesville District Office. Profiles must be submitted to the conference by Feb. 1, 2019.

Grants for Youth Groups

If your church youth group is raising funds for **special projects or mission trips**, we want to help.

Each quarter we will be awarding a grant for up to \$500 to a United Methodist youth group within the conferences we serve. We welcome the opportunity to help our youth in their service to others.

Applications deadlines: Winter Grant- February 28

<https://www.tumcu.org/grants-for-youth-groups/>

District Lay Nominations

District lay nominations for the 2020 General Conference

and 2020 Southeastern Jurisdictional Conference will be voted upon at each district conference. Laity who wish to be nominees as delegates for these conferences shall complete the lay nomination form by January 15 at <http://www.evc.vaumc.org/open/GCNomination/Laity/>.

Upon completion, the form automatically will be submitted to the district office in which the lay nominee's church is located. Electronic submission is preferred but if a nominee is unable to complete an electronic nomination, he/she may use the attached nomination form and submit it to the district office. Standing Rule III.D.4 recommends "that the nomination forms for persons to be voted upon by the district conference be circulated to the district conference in advance of the district conference at which voting is to take place."

Conference Standing Rules III.D.1 and 3 contain information about the district nomination process and church membership requirement for nominees.

III.D.1. Lay Nominations from Districts. Nominations for lay delegates to General Conference and the jurisdictional conference shall be made by the lay members of the district conference of each district from names submitted by the District Council on Ministries and/or from names of all persons given by any member of The United Methodist Churches of the district to the District Superintendent. These names shall be submitted by the superintendent to the District Conference. Additional nominations at the district conference may be made from the floor, provided that no nomination may be made without the agreement of the nominee to serve if elected. In the event of a tie for the final nominee(s), the nominee(s) shall be selected by lot. Each district may nominate up to one person for each 2,000 members of The United Methodist Church or major fraction thereof in that district, based upon figures reported at the preceding annual conference. District nominees need not be from the district which nominates them.

III.D.3. Church Membership. All nominees shall have been professing members of The United Methodist Church for at least two years preceding their nomination and must be members of churches in the Virginia Annual Conference and shall have been active participants in The United Methodist Church for at least four years preceding their election. They also must be active members within The United Methodist Church at the time of holding General Conference and jurisdictional conference. The four-year participation and two-year membership requirements may be waived for young persons under twenty-five years of age. Such persons must be members of The United Methodist Church and active participants at the time of election.

Information about district lay nominations will be posted on the conference website and other conference related communication tools. District offices will need to publicize this process as they determine appropriate.

Please contact me if you should have questions regarding this process.

Marc Brown, Director of Connectional Ministries
Virginia Conference

P. O. Box 5606
Glen Allen, VA 23058
804-521-1134

For the Lay Nomination Form, please see the flier attached to the email with this newsletter.

Come Pray with Us at the Kindred Project

This year, I resolve to.... We all do it. We enter into a new year with the best of intentions. To eat better, to exercise more. And even to pray more.

Prayer takes many forms. One of the spiritual masters taught us that we can find God in all things, and prayer can even take the form of fully experiencing the everyday moments of our lives.

We invite you to new adventures in prayer in this new year. The Kindred Project is a group of clergy and laity who gather together for the practice of spiritual disciplines, contemplative prayer, and fellowship.

We gather on the second Tuesday of each month at First United Methodist Church, 101 East Jefferson Street, Charlottesville, VA 22902. We meet from 8:00 am until about 10:00 am. We pray, have some time of silence, share, and celebrate Holy Communion. Beginners and long-time practitioners of spiritual practices are welcome.

Our next meeting will take place on *Tuesday, January 8*. The Rev. Bruce Lugn, retired United Methodist pastor, will lead us. Join us, as we greet the Holy One in our midst.

For more information or to get on our email reminder list please contact Rev. Tom Frost at tefrost@aol.com.

Convergence: Where Faith and Science Meet

This is a 9-day program (June 22-30, 2019) that allows current 9th, 10th, and 11th grade students to come to Randolph-Macon's campus in Ashland, Va., and learn about the intersection of science and Christian faith. They will dive deeper into their religious beliefs, deeper into the study of science, and will meet other high school students and Randolph-Macon College student leaders with those same interests. There will be time in the classroom and outdoor experiences throughout the region. The cost to participate is only \$250 for this 9-day program. Upon high school graduation, if a Convergence participant chooses to attend Randolph-Macon, they will receive a \$1,000 annual scholarship for each year they participated in Convergence. [Please visit the website to learn more.](#)

Last year's Convergence program brought 32 outstanding high school students from across the East Coast to Randolph-Macon's campus, including 16 youth from Virginia Conference congregations. If you would like to nominate a participant, [click here](#) to fill out the nomination form, and the Convergence staff will contact your nominee with further information. The application form for participants is available [here](#).

Please contact Rev. Kendra Grimes or Laura Ruxton (convergence@rmc.edu) with any questions about the program.

Gospel Concert at Willis Chapel: A Wonderful Christmas Event

As our newest charge grand-baby slept (Huntly Hahn, granddaughter of Bonnie Hahn), we heard a wonderful

gospel choir concert by Robert Glasker and the Unity Choir. The songs were uplifting and meaningful to all who attended. As a surprise, Judi Burke was honored for her 60 years of service playing the organ at Willis Chapel UMC. Alan Fox was also honored for his service. The church was packed and as we were headed to the Reager School for refreshments, a fresh snow was falling. It was a wonderful event!



Emanuel Youth Mission Fall 2018

The newsletter from John and Jonna Clarkson is attached to the email with this newsletter.

Wesley Heritage Tour

April 23-May 1, 2019

"I invite you to join me on this Wesley Heritage Tour that will expand our knowledge of the ministry of John Wesley. Please

consider this my personal invitation to be a part of this adventure in faith and join me in experiencing a once in a lifetime journey!"

– Bishop Sharma D. Lewis

To see details about the trip, go to:

<http://www.eo.travelwithus.com/tours/he19042319/#.W896uvnNtLM>

Bible Challenge 2019



For 2019, the Bible Challenge will be a blended style of reading; a mixture of Old Testament readings and New Testament each day. In this new year, challenge yourself to study the Bible and strengthen your faith in the process. Each month's readings will also be printed in each *Advocate* issue. You can find the whole year's schedule at the link: <https://vaumc.org/pages/bishop-lewis/2019biblechallenge>

Shenandoah University Youth Theology Institute

This is a 14 day institute (July 14-27, 2019) where high school students explore the exciting intersection of faith and justice. Upon completion of the institute, and a self-identified justice project in their local context students receive **3 credits from Shenandoah University**. At SUYTI students spend one week at Shenandoah University in Winchester VA and one week at Wesley Theological Seminary in Washington D.C. Each day includes worship, class time with world-class professors, compelling afternoon immersive experiences, and mentoring from undergraduate and seminary students. The cost for students in 2019 is only \$200.

SUYTI is open to current 9th, 10th, 11th, and 12th grade students. If you would like to nominate a student you can use our [2019 NOMINATION FORM](#)

You can find our [2019 STUDENT APPLICATION](#), and more information on our website: www.su.edu/youththeology For more information please contact Rev. Colleen HallaganPreuninger (cpreunin@su.edu) 540-665-5453.

<https://www.vaumc.org/RealDiscipleship>

Free Discipleship Maturity Measurement Tool



REAL DISCIPLESHIP SURVEY

All churches in the Virginia Conference now have access to the Real Discipleship Survey online. This system, designed by Phil Maynard, offers a way for churches to survey their maturity on six dimensions of the discipleship journey. This service is offered to all VAUMC churches free of charge.

The survey measures: a life of worship, a life of hospitality, a life open to Jesus, a life of obeying Jesus, a life of service, and a life of generosity. Upon taking the survey, participants discover if they are exploring, beginning, growing, or maturing in each of those categories.

For Pastors/Church Administrators

SETTING UP YOUR CHURCH ACCOUNT **Before church members can take the Real Discipleship Survey online, the church pastor or administrator must set up that church in the system.** Pastors and Administrators can find PDF instructions for setting up their church accounts [HERE](#).

To claim your church account, visit:

discipleshipsurvey.com/churchclaimvirginia.html

Select your district and church name from the dropdown lists provided. *If your church is not listed, please contact MaryKaye Cochran at marykayecochran@vaumc.org*

SETTING UP GROUPS WITHIN YOUR CHURCH

ACCOUNT Once you've set up your church account, you can define groups within your church in order to use those statistics and data.

Use the blue "Edit Profile" button to set up your administrative account. Be sure to create a unique and strong password. Use the "Groups" fields to enter up to 20 groups within your congregation who may want to measure their discipleship and growth. For example, if you'd like to use the Real Discipleship Survey with your entire church, but would like to be able to look at the data for just your Church Council members who have taken the survey in order to gauge their discipleship as a whole, you would want to create a Church Council group on this screen.

USE YOUR STATISTICS After individuals and groups within your church take their Real Discipleship Survey online, their data will show up in your church account. Only the pastor or administrator (as defined above) will have access to that data.

Log in to your church account using:

<http://discipleshipsurvey.com/church.html> and use the blue "Church Stats" or "Group Stats" buttons to view the results.

From this screen you can filter results by time period if you choose. (This feature might be valuable for churches who take the survey one year, offer resources and opportunities for growth after the initial surveys are taken, and then take the survey a second time to measure changes or growth.)

For church participants:

For a PDF of instructions for taking the Real Discipleship Survey online, please click [HERE](#).

SIGN UP Visit: <http://discipleshipsurvey.com/member.html> and enter our conference code: **PEACEANDJOY**

In order to take the Real Discipleship Survey online you will need to enter an email address and create a secure password.

Choose your District and your church from the dropdown lists,

fill out the email and password fields and then click the blue "Sign Up" button.

Use the click here link on the next screen to continue. You can also access the survey by visiting <http://discipleshipsurvey.com/memberlogin.html> after creating your account. After creating your account you will need to use the password and email address provided to log in and take the story.

CHOOSE YOUR GROUPS (optional) Some churches have chosen to measure the survey statistics both at the churchwide level and by individual church groups. If your church has created subgroups, use the blue "Edit Profile" button to select the group(s) to which you belong. (ie: Church Council, Teachers/Leaders, etc.) Simply choose YES for those groups to which you belong.

TAKE SURVEY Take the Real Discipleship Survey by clicking the blue "Take Survey" button and then selecting the one box of each color that fits you best. After completing the survey use the blue "Submit Survey" button. Your results will be displayed for you at that time. You may also select to view additional information or have your results sent to your email account.

VIEW SURVEY RESULTS Survey results will be available after completing the survey. You may also use <http://discipleshipsurvey.com/memberlogin.html> to log in and view your results at any time. You will also be able to retake the survey at a later date in order to measure changes in your discipleship over time.

Questions about the Real Discipleship Survey

online: Contact the Center for Congregational Excellence: (804) 521-1155 or marykayecochran@vaumc.org

Annual Conference Delegates

- Pam Bryant
- Pat Cutright
- Mary Jeffries
- Sue Lewis
- Karen McGowan
- Anthony Moyers
- Kimberly Moyers
- Helen Nitzsche (Youth)
- Ashley Oliver (Young Adult)
- Mary Parr
- Deb Reynolds
- Hu Shaffer
- William Stead
- Rebecca Wagner
- Margaret Webster
- Nina Winkler

Charlottesville-Area Community ID Program Coordinator

Job Description -- 10 hours/week

Background

Three local organizations - Hinton Avenue United Methodist Church (HAUMC), New Beginnings Christian Community, and the Welcoming Greater Charlottesville task force - are starting a new program which will fill an important community need: to provide ID cards to people who need them.

According to a national study, approximately 11% of U.S. citizens do not have a government-issued ID. People need IDs to get certain prescription drugs, gain access to several municipal and health care services, to check into a hotel, open a bank account, get a marriage license, and more. And people with a verifiable ID feel more welcomed and included by their community.

Our program will provide a community ID card to people who present certain documents that show proof of identity and of their address. The program has been designed with extensive input from the organizations that need to honor this ID: social services, local police and sheriff departments, Latino support groups, organizations serving the homeless and those returning from prison. Since ours is not a government-issued ID, this involvement is necessary to the card's acceptance and credibility.

The Program Coordinator position will be critical to the program's success. The Coordinator will be housed at HAUMC and be supervised by its pastor; he or she will also work very closely with a leadership team that includes the HAUMC and New Beginnings pastors, the Welcoming Greater Charlottesville leader, a representative from Sin Barreras (a Latino advocacy nonprofit), and key volunteers from the two churches.

Responsibilities: With input from the leadership team:

- Coordinate with HAUMC on all financial record keeping (HAUMC is the program's fiscal agent).
- Purchase and maintain the equipment needed for the program (with leadership team approval).
- Purchase supplies.
- Contribute to decisions regarding documents required to receive the ID.
- Seek support from interested churches, local pharmacies, banks, social service providers, medical providers, merchants, food banks, schools, bus and train station, housing officials, the regional jail and others.
- With the leadership team, conduct promotional meetings with City and County officials, and all key stakeholders.
- Plan and oversee the monthly ID drives (the events at which people sign up for the ID cards). This includes: recruit/train volunteers, publicize the drives and the documents needed to obtain the ID, ensure all equipment is present and in working order, bring supplies, coordinate closely with the host of each drive.
- Oversee media campaign.
- Be the key contact for all program management, partner relations, publicity, etc.
- Meet regularly with the HAUMC pastor, and report regularly via email to the full leadership team, on key developments, issues and decisions made, for the program's first 3 months. Meet monthly face-face with

the leadership team for the first 6 months; then bi-monthly or quarterly after.

- Carry out wide-scale promotion of the program to the communities most likely to want the IDs: immigrants, the homeless, those returning from prison, people with mental health issues.
- Be willing to work one Saturday/month.

Skills and characteristics

- Self-starter. This position is somewhat autonomous and will require someone who is energetic, forward thinking, well organized and goal oriented.
- Strong verbal communication skills in both English and Spanish.
- Strong interpersonal and marketing skills.
- Reasonable familiarity and comfort with computer operations.
- Affinity for the under-privileged and under-served.
- No religious affiliation necessary.
- Understand and reflect the values of the three sponsoring organizations: respect, compassion, advocacy, tolerance, justice, and inclusion.

Pay: \$18/hour, plus expenses.

Desired starting date: Feb. 1, 2019.

Application deadline: Jan. 8, 2019

To Apply: Send your resume and a note explaining why you are interested in this position, to; HAUMC: 750 Hinton Ave, Charlottesville, VA 22902. Attn: Robert Lewis, Pastor.

HUB Meeting

Early reminder so you can put it on your calendar, we will have a HUB meeting January 22, 2019 at 7:00 pm in room 201. It will be held at Culpeper UMC.

Dates to Remember

January 15-16	Mission Central
January 20	Financial Peace – Scottsville UMC
January 22	HUB meeting at Culpeper UMC
February 2	ERT Certification
February 3	ERT Recertification
February 5-7	7 Habits of Highly Effective People
February 22-24	District Youth Retreat

BUMC Community Health and Wellness Program

Bethany UMC has recently embarked on a new initiative aimed at improving the health and wellness of citizens of Amherst

County. While anyone is welcome to participate, our primary service recipients will be residents of Amherst Co. who live in poverty, those struggling with mental health issues, those with chronic illness, and those of advanced years. We will provide topic specific support and education groups, community workshops on health-related topics, periodic health fairs, individual consultation and referral services for those seeking assistance, and representation on relevant community coalitions.

KEY OFFERINGS

FREE Community Workshops on health-related topics of interest.

Sharing and Support Groups for

- Grief and Complicated Grief
- Mental Health Recovery
- Relationship Issues
- Caregiver Support
- Depression and Anxiety
- And more...

Individual Consultation and Referral for those seeking help

Health Fairs and Awareness Events

Health Screenings for mental health and substance abuse

Health Educators, and Speakers for your event

Contact Us

Vicki Sandifer, MSW, CHM
Program Coordinator

Bethany United Methodist Church

434-929-6282

**Please leave a message and
your call will be returned
as soon as possible.**

See flier attached to the email with this newsletter.



2018-2019 UVA Wesley Meals

Meals are served at 6pm access to building is open all day. We are so grateful to everyone that contributed to the student meals this first semester. As we start 2019 there are many

vacant weeks in the schedule. If you can do any of the following please let me know, either as a group or as an individual:

- Cover an entire meal (prepare, serve cleanup)
- Prepare food
- Serve/Cleanup
- Contribute towards a take out dinner (\$50 will cover chicken and macaroni and cheese from Wayside)
- Suggest a location that might donate a meal
- Suggest restaurants that would be good to order catering from

General notes for the meals:

Meal Planning: Groups should plan on using the dishes, glasses and silverware at the foundation, the dishwasher is very fast and easy to use. Please remember to plan on dessert with the meal. The ice and tea/lemonade will be prepared and left in the refrigerator. The students will arrive in time to setup tables.

Each week prior to your meal, we will send updates on the number of students to plan for (Currently 18-20) and any special dietary needs, currently we have 2 vegetarians. We will also let you know the menu that has been planned from prior weeks and if there is any leftover items stored in the freezer that need to be used.

If you note any concerns, not enough clean towels, items missing that were needed for serving or preparing your meal, please let me know, Leatha Harlow, 434-249-7805 or leathaharlow@comcast.net

The students are so appreciative of the food and the time to fellowship with supporting congregations.

- 1/15
- 1/22
- 1/29
- 2/5
- 2/12
- 2/19
- 2/26
- 3/5
- None 3/12 (Spring Break)
- 3/19
- 3/26
- 4/2 Trinity UMC – Judy Sweet
- 4/9 Westover UMC – Gayle Johnon
- 4/16 - Aldersgate – V. Richardson
- 4/23
- 4/30 Ivy Creek UMW – Pat Toms
- 5/7 – Standardsville UMW – Marsha Huddleston

Newsletter Deadline - January 15

Please send your submissions for the **February 2019** newsletter by January 15 to Carol Frost at cifrost@aol.com.

ERT Certification Classes

ERT Basic Certification Class

Galilee United Methodist Church is hosting an ERT (Early Response Team) Basic Certification Class. Tom and Linda

Cooper will lead the training. **This class is intended for those individuals seeking to become new ERT Team members.**

Saturday, February 2
8am - 4pm
45425 Winding Road
Sterling, VA 20165

The cost of the training is \$35. Checks should be made out to "Galilee UMC" and can be brought on the day of training.

Registration

link: https://docs.google.com/forms/d/e/1FAIpQLSdHeZ_g8eKrijLkyxCSgBgN89upN6ZgrluRNxW93MCY_BDrAw/viewform?usp=sf_link

ERT Recertification Class

Galilee United Methodist Church is hosting an ERT (Early Response Team) Recertification. Tom and Linda Cooper will lead the training. This course is for ERT Team members who have previously held an ERT Certification and need to renew. **Please note that this class is NOT for individuals seeking to become new ERT Team members.**

Sunday, February 3
1pm-4pm
45425 Winding Road
Sterling, VA 20165

The cost of the training is \$35. Checks should be made out to "Galilee UMC" and can be brought on the day of training.

Registration

link: https://docs.google.com/forms/d/e/1FAIpQLScs5Ck1XoT11FkxMa20YSdLEc7R-z6SmWi4w1JPN34cF2fk2g/viewform?usp=sf_link

The Ambassador by email

If you would like to receive The Ambassador by email, or if your email address has changed recently, please send an email to the District Office with your request to CharlottesvilleDistrict@vaumc.org



SAVE THE DATE - Tuesday, April 2, 2019 - for the Faithful Aging Conference.
We are pleased to announce the third Faithful Aging Conference, presented by the University of Lynchburg

January 2019

Beard Center on Aging and Pinnacle Living. Persons of all faith traditions are invited to come learn, network, and share best ministry practices as we address opportunities related to aging congregations and meeting the needs of older adults, inside and outside the walls of our faith communities. Plans for the day are being finalized.

- Melissa Andrews, Chief Executive Office of LeadingAge Virginia, will offer the keynote address on our theme of *Aging Abundantly*.
- Hess ("Doc") Hall, Director of Older Adult Spiritual Formation Programs for The Upper Room, will close our day with a focus on sharing our legacy of faith.
- Workshop offerings will include:
 - Effective communication across the stages of dementia
 - Things everyone needs to know when making hospital and end-of-life visits
 - Health equity and the needs of older adults
 - Using music to deepen spirituality
 - Scams and financial exploitation
 - Health ministries as support and outreach to older adults
 - Practical ways to enhance ministries with people with dementia
 - Dealing with loss and grief
 - A local partnership model to meet the needs of seniors
 - Using music to reach parishioners living with dementia
 - Spirituality and aging
 - Understanding and navigating senior services.

The conference will be held at Culpeper Baptist Church, Culpeper VA. Conference details and registration information will be available in January 2019.

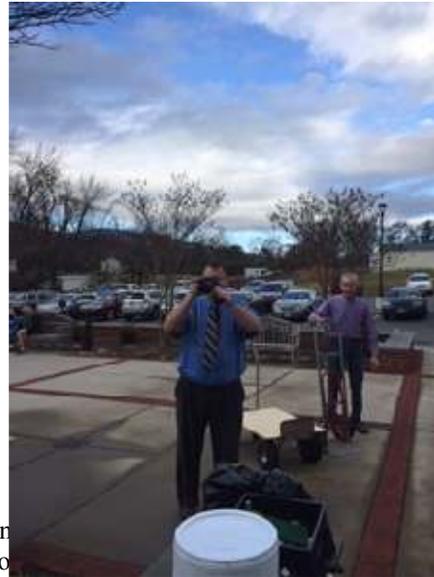
Opportunities are still available for sponsors and exhibitors. You can find more information at: <https://www.lynchburg.edu/academics/academic-community-centers/beard-center-on-aging/faithful-aging-conference/>

For general information, contact Martha Stokes at mstokes@pinnacleliving.org or 804-474-8718. Mark your calendar and plan to attend!

District
Confere
nce



I would like to thank everyone for all of your help both Saturday and Sunday. The District Conference was a wonderful experience it was heart warming to see all of the folks participating and working together to "connect God's resources with human need." 106 hygiene kits and 155 cleaning buckets were completed and transported to Mission Central on Tuesday. We also collected a large amount of used computer equipment. Again thanks for all of the help. ~ Darryl



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